



**Your Cardio-Pulmonary
Solutions Company**

**TRAVEL
OXYGEN GUIDE**

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OXYGEN TRAVEL GUIDE FOR PATIENTS

TABLE OF CONTENTS	2
Associated Health Care Portable Travel Concentrators.....	3-5
Introduction.....	6
General Travel Tips and Checklist.....	7
Airline Travel Tips and Checklist.....	8-9
Airline Requirements.....	8-14
Automobile Travel Tips and Checklist.....	13-14
Bus Travel Tips and Checklist.....	15-16
Cruise Line Travel Tips.....	17
Train Travel Tips and Checklist.....	18
Safety Tips.....	19
Travel Itinerary.....	20-21
Additional Information.....	22
Websites.....	23

RENTAL OPTIONS:

	LIFESTYLE	ECLIPSE	FREESTYLE
Weekly	\$ 75.00*	\$ 75.00**	\$ 75.00***
Monthly	\$ 250.00*	\$ 250.00**	\$ 250.00***

Note:

- All rentals require a \$ 50 delivery charge, if not picked up at our patient office.
- A \$ 500.00 reserve deposit is required upon receipt of equipment.

* **Coast to Coast Package:** At an additional charge of \$ 25.00 per week or \$50.00 per month includes; one Charger, one Battery Belt, and 3 Extra Batteries.

** **Spare Battery:** At an additional charge of \$25.00 per week or \$ 50.00 per month.

*** **Air (Battery) Belt:** At an additional charge of \$25.00 per week or \$ 50.00 per month.

**Standard Equipment Provided in Rental
(*, **, *** optional for an additional charge):**

LIFESTYLE	ECLIPSE	FREESTYLE
<ul style="list-style-type: none"> • One Battery • AC/DC Plug • Cart • Cannulas • Coast to Coast Package for an additional charge • Pulse Flow 	<ul style="list-style-type: none"> • Cpap and BiPap compatible ≤ 3 LPM • Rechargeable Internal Battery • AC/DC Plug • Cart • Cannulas • Spare Battery for an additional charge • Pulse or Continuous Flow 	<ul style="list-style-type: none"> • Rechargeable Internal Battery • AC/DC Plug • Carry Bag • Cannula • Battery Pack Belt for an additional charge • Pulse Flow
<p>Battery Life : 50 minutes at 2 lpm</p> <p>*Coast to Coast Package gives you <u>3 extra batteries</u> with charger, providing an <u>additional 2 1/2 hours</u>, for a total of 3.3 hours at 2 lpm</p>	<p>Battery Life : 4.4 hours at 2 lpm</p> <p>**Spare Battery gives you an <u>additional 3 1/2 hours</u> for a total of 7.9 hours at 2 lpm</p>	<p>Battery Life : 2 1/2 hours at 2 lpm</p> <p>***Air (Battery) Belt gives you an <u>additional 3 1/2 hours</u> for a total of 6 hours at 2 lpm</p>

PURCHASE OPTIONS:

LIFESTYLE	ECLIPSE	FREESTYLE
\$ 2,950.00 or \$ 3,950.00 with coast to coast package	\$ 5,950.00 \$ 795.00 for each additional Spare Battery \$ 75.00 for a battery accessory bag \$ 95.00 for an upgrade to the Deluxe 5 inch wheel cart	\$ 5,950.00 \$ 995.00 with Air (Battery) Belt



INTRODUCTION

Traveling with oxygen is possible for most people and may be easier than you realize. Associated Health Care has prepared this handy pamphlet with tips and ideas to assist you while traveling. This pamphlet also contains a checklist for you to complete prior to leaving on your trip.

GENERAL TRAVEL TIPS

- Before you make any plans to travel, check with your doctor to determine what extra precautions must be taken. Inform the doctor of your destination, method of travel, route, and length of stay.
- Obtain a letter from your doctor specifying your general condition and need for oxygen, oxygen flow rate and duration of oxygen requirements for in flight use. The letter should also contain the doctor's address, office and after hours telephone numbers, and a fax number. Obtain this letter, even though you may not be flying.
- Ask for several copies of this letter. It may be necessary to present a copy to an attendant on each segment of the trip.
- Avoid traveling to, or through, locations with high elevations. Also, avoid areas with extreme temperature or humidity. These conditions may cause difficulty in breathing.
- Ask your home care provider to make the necessary arrangements concerning oxygen supplies for you while you are traveling and while at your destination.
- There may be additional costs due to special arrangements required for traveling oxygen services that are not covered by Medicare, Medicaid, private insurance or any other payers.

AIRLINE TRAVEL

- Refer to the Safety Tips in this book prior to planning any trip.
- Review the General Travel Tips in this book.
- **NOTE: THE FEDERAL AVIATION ADMINISTRATION REGULATIONS ALLOW PASSENGERS TO USE TWO DIFFERENT TYPES OF PORTABLE OXYGEN CONCENTRATORS ONBOARD COMMERCIAL AIRCRAFTS. ALLOWABLE CONCENTRATORS ARE MANUFACTURED BY AIRSEP CORPORATION, INOGEN, INC., AND SEQUAL.**
- If you are traveling on a private or chartered airplane, you may be allowed to bring your personal oxygen unit onboard. Be sure to verify this prior to travel.
- Be prepared to make several contacts with your travel agent or the airline. Each airline has specific rules and regulations that must be followed precisely. Some airlines require specific forms of notification of oxygen service to be submitted to them prior to travel, some as much as 72 hours.

AIRLINE TRAVEL Cont.

- Fly non stop if possible. This eliminates the inconvenience of having to have oxygen delivered to airports where a lay-over or aircraft change must take place. Most airplanes will not provide oxygen service between flights or at airports.
- Travel during normal business hours. Many businesses are closed on the weekends. Obtaining oxygen services may be more difficult during non-business hours.
- Notify the airline of any other special needs prior to traveling. These needs may include wheelchairs, motorized carts, ECT.
- Reconfirm your travel plans with the airlines at least 72 hours in advance.
- **Note:** Airline rules and regulations are subject to change without notification.

Airline Numbers

Air Canada	888-247-2262
Air France	800-237-2747
Air New Zealand	800-262-1284
Alaska Airlines	800-426-0333
America West	800-235-9292
American Airline	800-433-7300
British Airways	800-247-9297
Canadian Airline International	800-426-7000
Continental Airlines	800-228-2744
Delta Airline	800-221-1212
Hawaiian Air	800-367-5320
KLM Royal Dutch Airlines	800-225-2525
Mexicana Airlines	800-531-7921
Northwest Airlines	800-225-2525
Southwest Airlines*	800-435-9792
United Airlines	800-241-6522
US Air	800-428-4322

Note: At this time, Southwest Airlines will not provide oxygen

NOTE: RECORD THE NAME OF THE PERSON WHO MADE YOUR ARRANGEMENTS IN THE TRAVEL ITINERARY SECTION OF THIS BOOK.

NOTE: AIRLINES CHARGE EXTRA FOR OXYGEN SERVICES DURING THE FLIGHT. THIS CHARGE IS FOR EACH FLIGHT SEGMENT.

American Airlines

Fee: \$100.00 per flight segment for American Airlines provided oxygen - payable at ticket counter or travel agent.

Notice: Airlines require a minimum of 48 hours.

Equipment specifications: 0.5 through 6 liter per minute airline can provide a cannula or mask but patient can use their own. Most airlines have a six bottle maximum per flight segment. Oxygen provided during flight time only.

Seat Assignment preferred: Aisle seat- Bulk head or exit row seating is not allowed.

Commuter operations allowances: American Eagle does not allow supplemental oxygen.

Other Information: A physician's prescription for oxygen is required with duplicated travel dates and liters per minute requirements. Airline will need the doctor's name, address, phone number and fax number and a description of the illness on doctor's letterhead. Specify if wheelchair needed. Portable oxygen units can be checked as luggage; they must be empty and with open valve.

Continental Airlines

Fee: \$100.00 per flight segment for Continental Airlines provided oxygen - payable at the ticket counter only.

Notice: Airlines require a minimum of 48 hours.

Equipment Specifications: 0.5 to 6 liters per minute airline will provide cannula or mask, but patient can bring own. Has a six bottle per flight segment maximum. Oxygen provided on plane during flight time only.

Seat assignment preferred: Window seat only- no bulk head or exit row allowed.

Commuter operation allowances: Most commuter flights do allow oxygen.

Other information: Physician's prescription for oxygen is required with duplicates, travel dates and liters per minute requirements. Airline will need doctor's name, address, phone number, fax number and a description of the illness on doctor's letterhead. Specify if wheelchair needed. Portable units can be checked as luggage as long as they are empty.

Delta Airlines

Fee: \$100.00 per flight segment for Delta Airlines provided oxygen - payable at ticket counter.

Notice: Airlines require a minimum of 48 hours.

Equipment specifications: 0.5 to 8 liters per minute – will provide cannula or mask or patient can provide own. Has a six bottle per flight segment maximum. Oxygen provided during flight time only.

Seat assignment preferred: Window seat- no bulk head or exit row permitted.

Commuter operations allowances: Delta Express, Atlantic South East Express, ComAir, and Atlantic Coast Airlines will not allow supplemental oxygen.

Other information: Physicians prescription required for oxygen in duplicates, liter per minute required. Airlines will need doctor's letter specifying illness, doctor's name, doctor's phone number, doctor's fax number and if wheelchair is needed. Portable units can be checked as luggage as long as they are empty.

United Airlines

Fee: \$100.00 per flight segment for United Airlines provided oxygen - payable at ticket counter

Notice: Airlines require a minimum of 48 hours.

Equipment specifications: 2 to 8 liter per minute-will provide cannula or mask but patient can use his own. Has a six bottle per flight maximum. Oxygen provided during flight time only.

Seat assignment preferred: Depends on aircraft, call with flight information. No bulk head or exit row permitted.

Commuter operations allowances: Air Wisconsin, Atlantic Coast Airline and Sky West do not allow supplemental oxygen.

Other information: Physician's prescription required for oxygen in duplicates, liters per minute required. A doctor's letter is required stating nature of illness, doctor's name, doctor's phone number, doctor's fax number, and if wheelchair is needed. Portable units are allowed to be checked as luggage as long as they are empty.

BUS TRAVEL

- Review the general travel tips in this book.
- Greyhound will allow portable oxygen to be used while on their buses. Verify with the bus company that your particular oxygen equipment is acceptable.

NOTE: GREYHOUND DOES NOT ALLOW FULL OXYGEN CYLINDERS ON BOARD OR CHECKED AS LUGGAGE (THEY MUST BE EMPTY), BUT DOES ALLOW PORTABLE OXYGEN CONCENTRATORS.

- Passengers who need oxygen may carry a portable concentrator on board. The size of the portable is limited.
- **Note:** Bus Travel rules and regulations are subject to change without notification.

Bus Line Numbers

Greyhound 800-231-2222

CRUISE LINE TRAVEL

- Review the General Travel Tips in this book.
- Arrange all travel through a travel agent. Inform them you will be traveling with oxygen before you book your trip.
- Ask the travel agent if there are any special requirements. Most cruise lines specify each passenger must make his own oxygen arrangements. Passengers must provide a letter from their physicians prior to traveling, stating their condition, approval of travel plans and dosage of use. This letter should also contain the doctor's address, office and after hours telephone numbers, and fax number.
- Ships do not normally refill tanks.
- Arrangements must be made 30-45 days prior to sailing.
- Oxygen may have to be stored in patient's cabin.
- **Note:** Cruise Line rules and regulations are subject to change without notification.

Cruise Lines Numbers:

Alaska Sightseeing's Cruise West	800-888-9378
America Hawaii	800-765-7000
Carnival	800-327-9501
Costa Cruise Lines	800-462-6782
Crystal Cruises	800-446-6620
Cunard Line Ltd.	800-528-6273
Delta Queen Steamboat Co.	800-458-6789
Holland-American	800-544-0443
Norwegian (NCL)	800-327-7030
Princess	800-421-0522
Radisson Seven Seas Cruises	800-285-1835
Royal Caribbean (RCL)	800-327-6700

TRAIN TRAVEL

- Review the General Travel Tips in this book.
- Notify AMTRAK at least 12 hours in advance before traveling.
- Travel is limited to non-smoking cars.
- Maximum oxygen allowed on board cannot exceed one double tank set-up of 75 pounds. You must be able to separate the tanks and they cannot be on wheels. A six tank system is allowed as long as each tank is under 20 pounds.
- Equipment requiring electrical power must be self contained on trips of 12 hours or less. (The electrical power in the train may be used for equipment on trips longer than 12 hours.)
- Carry additional oxygen to safeguard yourself in the event of travel delays.*
- Reserve a private compartment if possible.
- **Note:** Train Travel rules and regulations are subject to change without notification.

*There must be a 12 hour back-up supply that does not require electrical power for portable oxygen concentrator systems.

Train Line Number

AMTRAK 800-872-7245

AMTRAK.com

Safety Tips

- Compressed oxygen cylinders must be handled with caution. The pressure inside a full cylinder may exceed two thousand (2,000) pounds per square inch.
- Always secure the oxygen cylinder so it cannot be knocked over.

Do's

- **DO** keep oxygen equipment out of reach of children.
- **DO** keep the equipment in a well-ventilated area.
- **DO** turn off oxygen supply when not in use.

Do Not's

- **DO NOT** allow smoking, or any device that emits sparks or flames, in areas where oxygen is in use.
- **DO NOT** place oxygen equipment near radiators, heat, ducts, stoves or any other source of heat.
- **DO NOT** transport or store oxygen in an enclosed area such as the trunk of a car.
- **DO NOT** carry oxygen equipment under a coat or any other form of clothing.

Travel Itinerary

Doctor's Name

Address

Office Phone Number

Fax Number

After Hrs Number

Special Instructions From Doctor:

Destination:

Itinerary (Flight No., etc)

Itinerary (Flight No., etc)

Lodging In Route

Phone Number

Lodging In Route

Phone Number

Lodging at Destination

Phone Number

Home Care Provider at Home

Phone Number

Associated Healthcare Systems, Inc. 1-800-287-0045

Contact Representative's Name:

Other Home Care Provider in Route

Phone Number

Home Care Provider at Destination

Phone Number

EMERGENCY PHONE NUMBERS:

Additional Information

Easy Access to National Parks

Random House, Inc.
400 Hahn Road
Westminster, MD 21157

Tel: (800) 726-0600

A national park guide representing 41 parks all over the United States.

Great America Vacations for People With Disabilities

Random House, Inc.
400 Hahn Road
Westminster, MD 21157

Tel: (800) 726-0600

National Library Service for the Blind and Physically Handicapped

1291 Taylor St., N.W.
Washington, D.C. 20542

Tel: (800) 424-8567

(202) 707-5100

A free brochure for people with disabilities, with information on centers, travel agents and transportation.

Society for the Advancement of Travel for the Handicapped (SATH)

347 Fifth Ave., Suite 610
New York, NY 10016

Tel: (212) 447-7284

Websites

The following websites can be helpful when making your travel arrangements: (These are all travel business)

www.access-able.com – provides access info and resources to the mature and travelers with disabilities.

www.breathineasy.com – is a guide for pulmonary disease and provides tips and articles on travel by sea, air, car, RV, train, bus and airline.

www.seatguru.com – is a guide to airline seats and amenities.

The following links will give information on use of our portable oxygen equipment with specific airlines:

www.airsep.com for the Freestyle and the Lifestyle

www.sequal.com for the Eclipse



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